

DIVINE HOURS - sample days

The Office of Dawn (Saturday) To Be Observed on the Hour or Half Hour Between 4:30 and 7:30 a.m.

The Call to Prayer

Proclaim with me the greatness of the LORD:* let us exalt his Name together.

Psalm 34:3

The Request for Presence

My soul waits for the LORD, more than watchmen for the morning,* more than watchmen for the morning.

Psalm 130:5

The Greeting

Glory be to the Father, and the Son, and the Holy Spirit.

As it was in the beginning, it is now and ever shall be, world without end. Amen.

Gloria Patri

The Hymn

O strength and stay upholding all creation, Who ever does himself unmoved abide,
yet day by day the light in due gradation from hour to hour through all its changes guide;
Grant to life's day a calm, unclouded ending, an eve untouched by shadows of decay,
the brightness of a holy deathbed blending with dawning glories of the eternal day.

Hear us, O Father, gracious and forgiving and You, O Christ, the coeternal Word,
Who with the Holy Spirit by all things living now and to endless ages are adored. Amen.

St. Ambrose

The Morning Psalm Arise, O God, and Rule the Earth

God takes his stand in the council of heaven;* he gives judgment in the midst of the gods:

"How long will you judge unjustly,* and show favor to the wicked?"

Save the weak and the orphan;* defend the humble and needy;

Rescue the weak and the poor;* deliver them from the power of the wicked.

They do not know, neither do they understand;* they go about in darkness; all the foundations of the earth are shaken.

Now I say to you, "You are god,* and all of you children of the Most High;

Nevertheless, you shall die like mortals,* and fall like any prince."

Arise, O God, and rule the earth,* for you shall take all nations for your own.

Psalm 82

The Gloria in Excelsis

Glory to God in the highest, and on earth peace to people of good will.

We praise you. We bless you.

We adore you. We glorify you.

We give thanks to you for your great glory.

The Reading

Jesus said: 'Anyone who wishes to be a follower of mine must renounce self; he must take up his cross and follow me. Whoever wants to save his life will lose it, but whoever loses his life for my



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sake will find it. What will anyone gain by winning the whole world at the cost of his life? Or what can he give to buy his life back?"

Matthew 16:24-26

The Lord's Prayer

Our Father, who art in heaven, hallowed be your Name. May your kingdom come, and your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil; for yours are the kingdom and the power and the glory forever and ever. Amen.

The Prayer Appointed for the Week

O God, who by the glorious resurrection of your Son Jesus Christ destroyed death and brought life and immortality to light: Grant that I, who have been raised with him, may abide in his presence and rejoice in the hope of eternal glory; through Jesus Christ my Lord, to whom, with you and the Holy Spirit, be dominion and praise for ever and ever. Amen.

The Concluding Prayer of the Church

Lord God, almighty and everlasting Father, you have brought me in safety to this new day: Preserve me with your mighty power, that I may not fall into sin, nor be overcome by adversity; and in all I do direct me to the fulfilling of your purpose; through Jesus Christ my Lord. Amen.

The Office of Dawn (Sunday) To Be Observed on the Hour or Half Hour Between 4:30 and 7:30 a.m.

The Call to Prayer

I will sing of mercy and justice;* to you, O LORD, will I sing praises.

Psalm 101:1

The Request for Presence

My soul waits for the LORD, more than watchmen for the morning,* more than watchmen for the morning.

Psalm 130:5

The Greeting

I will confess you among the peoples, O LORD;* I will sing praise to you among the nations.

For your loving-kindness is greater than the heavens,* and your faithfulness reaches to the clouds.

Psalm 57:9-10

The Refrain for the Morning Lessons

Help us, O God our Savior, for the glory of your Name;* deliver us and forgive us our sins, for your Name's sake.

Psalm 79:9

A Reading

That evening they brought him many who were possessed by devils. He drove out the spirits with a command and cured all who were sick. This was to fulfill what was spoken by the prophet Isaiah: He himself bore our sickness away and carried our diseases.

Luke 18:24-27



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The Refrain

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Psalm 79:9

The Morning Psalm He Covers the Heavens with Clouds

He covers the heavens with clouds* and prepares the rain for the earth.

He makes grass to grow upon the mountains* and green plants to serve mankind.

He provides food for flocks and herds* and for the young ravens when they cry.

He is not impressed by the might of a horse;* he has no pleasure in the strength of a man;

But the LORD has pleasure in those who fear him,* in those who await his gracious favor.

Psalm 147:8-12

The Refrain

Help us, O God our Savior, for the glory of your Name;* deliver us and forgive us our sins, for your Name's sake.

Psalm 79:9

The Gloria

Glory be to God the Father, God the Son, and God the Holy Spirit.

As it was in the beginning, so it is now and so it shall ever be,

world without end. Alleluia.* Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed be your Name. May your kingdom come, and your will be done, on earth as in heaven.

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